



# Let's Connect this May 2021

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Please note: Coloured Zoom Links indicate different zoom log number

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
★	<i>As per Provincial Health Officer Order All CBIS group programming will take place over ZOOM until restrictions are lifted.</i>					1
2	3 <b>ToolBox Session #4</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/83093239943">https://us02web.zoom.us/j/83093239943</a>	4 <b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	5 <b>Let's Get Healthy</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	6 <b>Let's Talk Mental Health</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	7 <b>Men's Group</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	8
9	10 <b>ToolBox Session #5</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/83093239943">https://us02web.zoom.us/j/83093239943</a>	11 <b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a> <b>Let's Talk about Caregiving</b> 1:00-2:30pm <a href="https://us02web.zoom.us/j/9516088047">https://us02web.zoom.us/j/9516088047</a>	12 <b>Let's Get Healthy</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	13 <b>Let's Talk Mental Health</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	14 <b>Men's Group</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	15
16	17 <b>ToolBox Session #6</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/83093239943">https://us02web.zoom.us/j/83093239943</a>	17 <b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	19 <b>Let's Get Healthy</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	20 <b>Let's Talk Mental Health</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	21 <b>Men's Group</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	22
23	24 Victoria Day <b>Closed</b>	25 <b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	26 <b>Let's Get Healthy</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	27 <b>Let's Talk Mental Health</b> 1:00-2:30 pm <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	28 <b>Men's Group</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a>	29
30	31				Brain on Wheels — Bringing community rehab to your door. 	