

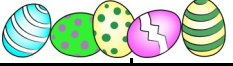




Let's Connect this April 2023

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Please note: Colours indicate Colour Coded Zoom link on Website

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1 Open Mic 1:30-3pm @ CBIS
2 Art @ CBIS 1:30-3pm	3	4	5 Healing Connections 10:00-11:30 am <u>on Zoom</u> <i>Balance after brain injury</i> Aphasia Cafe 1:30-3:00 pm @ CBIS	6 Rebuilding 10-11:30 am <u>on Zoom</u> (Closed Group) Men's Shed (BBQ) 12-2 pm @ CBIS	7 Good Friday Office Closed 	8 Office Closed
9 Hoppy Easter! Office Closed 	10 	11 Let's Get Brain Fit 10:00-11:30 am <u>on Zoom</u> Introduction to Brain Injury 10-11:30 am @ CBIS	12 Healing Connections 10:00-11:30 am <u>on Zoom</u> <i>Vertigo and the Brain</i> Let's Dine Out 12-1 pm @ York St Diner Aphasia Cafe 1:30-3:00 pm @ CBIS	13 Rebuilding 10-11:30 am @ Community Centre (Closed Group) Men's Shed Meeting 1:30-3:00 pm @ CBIS	14 Peer Social 10:00 - 11:30 am @ CBIS Soup's On 11:30- 12:30 pm @ CBIS	15 CBIS Hockey Tournament @ Cowichan Community Centre
16 CBIS Hockey Tournament @ Cowichan Community Centre	17	18 Let's Get Brain Fit 10:00-11:30 am <u>on Zoom</u> Introduction to Brain Injury 10-11:30 am @ CBIS	19 *PWD Pay Day Healing Connections 10:00-11:30 am <u>on Zoom</u> <i>Finances after Injury</i> Aphasia Cafe 1:30-3:00 pm @ CBIS	20 Caregiver's Group 1:00-2:00 pm @ CBIS Men's Shed Meeting 1:30-3:00 pm @ CBIS	21 Peer Social 10:00 - 11:30 am @ CBIS Soup's On 11:30- 12:30 pm @ CBIS	22 Open Mic 1:30-3pm @ CBIS
23 Art @ CBIS 1:30-3pm	24 Let's Learn Music 1:30-3:00 pm @ CBIS	25 Let's Get Brain Fit 10:00-11:30 am <u>on Zoom</u> Introduction to Brain Injury 10-11:30 am @ CBIS Let's Learn Karate 6-7pm @ CBIS (Sign Up Only)	26 *CPPD Pay Day Healing Connections 10:00-11:30 am <u>on Zoom</u> <i>Sequencing Tasks and TBI</i> Aphasia Cafe 1:30-3:00 pm @ CBIS	27 Men's Shed Meeting 1:30-3:00 pm @ CBIS	28 Peer Social 10:00 - 11:30 am @ CBIS Soup's On 11:30- 12:30 pm @ CBIS Let's Create Music 1:30-3:00 pm @ CBIS	29 Open Mic 1:30-3pm @ CBIS
30 Art @ CBIS 1:30-3pm					Scan QR Code to get to our website!	