



Let's Connect this September 2022

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Please note: Coloured Zoom Links indicate different zoom log number

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1	2 Peer Social 10:00-11:30 am Soup's on 11:30 am—12:30pm	3
4	5 Labour Day Office Closed	6 Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393 Aphasia Cafe 1:30-3:00 pm	7 Let's Get Healthy 10:00-11:30 am (Brain and Body Function) https://zoom.us/j/4115089393	8 Toolbox 10-11:30 am https://us02web.zoom.us/j/3329368295	9 Peer Social 10:00-11:30 am Soup's on 11:30 am—12:30pm	10
11	12	13 Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393 Aphasia Cafe 1:30-3:00 pm	14 Let's Get Healthy 10:00-11:30 am (Nutrition) https://zoom.us/j/4115089393 Let's Dine Out The Shipyard Restaurant 12-1 pm Call to RSVP	15 Toolbox 10-11:30 am https://us02web.zoom.us/j/3329368295 Let's Talk About Caregiving 1:00-2:00 pm https://zoom.us/j/4115089393	16 Peer Social 10:00-11:30 am Soup's on 11:30 am—12:30pm	17
18 	19	20 Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393 Aphasia Cafe 1:30-3:00 pm	21 Let's Get Healthy 10:00-11:30 am (Exercise) https://zoom.us/j/4115089393	22 Toolbox 10-11:30 am https://us02web.zoom.us/j/3329368295	23 Peer Social 10:00-11:30 am Soup's on 11:30 am—12:30pm	24
25	26 Sudoku with Chris 1:00 –2:00 pm	27 Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393 Aphasia Cafe 1:30-3:00 pm	28 Let's Get Healthy 10:00-11:30 am (Mental Health) https://zoom.us/j/4115089393	29 Toolbox 10-11:30 am https://us02web.zoom.us/j/3329368295	30 National Day for Truth and Reconciliation Office Closed	