






Let's Connect this July 2022

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Please note: Coloured Zoom Links indicate different zoom log number

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					<p>1</p> <p>CLOSED Happy Canada Day!</p> 	2
3	4	<p>5</p> <p>Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393</p> <p>Intro to Brain Injury 1:00-2:30 pm https://us02web.zoom.us/j/9516088047</p> <p>Aphasia Cafe 1:30-3:00 pm</p>	<p>6</p> <p>Let's Get Healthy 10:00-11:30 pm (Brain and Body Function) https://zoom.us/j/4115089393</p>	7	<p>8</p> <p>Men's Group 10:00-11:30 am https://us02web.zoom.us/j/3329368295</p> <p>Women's Group 10:00-11:30 am https://us02web.zoom.us/j/4115089393</p> <p>Soup's on at 12:00</p>	9
10	11	<p>12</p> <p>Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393</p> <p>Intro to Brain Injury 1:00-2:30 pm https://us02web.zoom.us/j/9516088047</p> <p>Aphasia Cafe 1:30-3:00 pm</p>	<p>13</p> <p>Let's Get Healthy 10:00-11:30 pm (Nutrition) https://zoom.us/j/4115089393</p> <p>Let's Dine Out Call to RSVP 12:-00-1:00 pm</p>	14	<p>15</p> <p>Men's Group 10:00-11:30 am https://us02web.zoom.us/j/3329368295</p> <p>Women's Group 10:00-11:30 am https://us02web.zoom.us/j/4115089393</p> <p>Soup's on at 12:00</p>	16
17	18	<p>19</p> <p>Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393</p> <p>Intro to Brain Injury 1:00-2:30 pm https://us02web.zoom.us/j/9516088047</p> <p>Aphasia Cafe 1:30-3:00 pm</p>	<p>20</p> <p>Let's Get Healthy 10:00-11:30 pm (Exercise) https://zoom.us/j/4115089393</p>	<p>21</p> <p>Let's Talk About Caregiving 1:00-2:00 pm https://us02web.zoom.us/j/9516088047</p>	<p>22</p> <p>Men's Group 10:00-11:30 am https://us02web.zoom.us/j/3329368295</p> <p>Women's Group 10:00-11:30 am https://us02web.zoom.us/j/4115089393</p> <p>Soup's on at 12:00</p>	23
24	<p>25</p> <p>Let's Talk to the Director 1:00 –2:00 pm</p>	<p>26</p> <p>Let's Get Brain Fit 10:00-11:30 am https://zoom.us/j/4115089393</p> <p>Aphasia Cafe 1:30-3:00 pm</p>	<p>27</p> <p>Let's Get Healthy 10:00-11:30 pm (Mental Health) https://zoom.us/j/4115089393</p>	28	<p>29</p> <p>CIBS' 3rd Annual Backyard BBQ 11-2 pm</p> 	30
31						