






# Let's Connect this May 2022

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Please note: Coloured Zoom Links indicate different zoom log number

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	<p>3</p> <p><b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p> <p><b>Aphasia Cafe</b> 1:30-3:00 pm</p>	<p>4</p> <p><b>Let's Get Healthy</b> 10:00-11:30 pm (Brain and Body Function) <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p>	<p>5</p> <p><b>Let's Explore Art</b> 1:00—3: 00 pm</p>	<p>6</p> <p><b>Men's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/3329368295">https://us02web.zoom.us/j/3329368295</a></p> <p><b>Women's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/4115089393">https://us02web.zoom.us/j/4115089393</a></p> <p><b>Soup's on at 12:00</b></p>	7
8	9	<p>10</p> <p><b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p> <p><b>Toolbox</b> 1:00-2:30 pm <b>Aphasia Cafe</b> 1:30-3:00 pm <b>Let's Talk About Caregiving</b> 7:00-8:00 pm</p>	<p>11</p> <p><b>Let's Get Healthy</b> 10:00-11:30 pm (Nutrition) <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p> <p><b>Let's Dine Out</b> Call to RSVP 12:-00-1:00 pm</p>	<p>12</p> <p><b>Let's Explore Art</b> 1:00—3: 00 pm</p> 	<p>13</p> <p><b>Men's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/3329368295">https://us02web.zoom.us/j/3329368295</a></p> <p><b>Women's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/4115089393">https://us02web.zoom.us/j/4115089393</a></p> <p><b>Soup's on at 12:00</b></p>	14
15	16	<p>17</p> <p><b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p> <p><b>Toolbox</b> 1:00-2:30 pm <b>Aphasia Cafe</b> 1:30-3:00 pm</p>	<p>18</p> <p><b>Let's Get Healthy</b> 10:00-11:30 pm (Exercise) <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p>	<p>19</p> <p><b>Let's Explore Art</b> 1:00—3: 00 pm</p>	<p>20</p> <p><b>Men's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/3329368295">https://us02web.zoom.us/j/3329368295</a></p> <p><b>Women's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/4115089393">https://us02web.zoom.us/j/4115089393</a></p> <p><b>Soup's on at 12:00</b></p>	21
22	<p>23</p> <p><b>CBIS CLOSED FOR VICTORIA DAY</b></p>	<p>24</p> <p><b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p> <p><b>Toolbox</b> 1:00-2:30 pm <b>Aphasia Cafe</b> 1:30-3:00 pm</p>	<p>25</p> <p><b>Let's Get Healthy</b> 10:00-11:30 pm (Mental Health) <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p>	<p>26</p> <p><b>Let's Explore Art</b> 1:00—3: 00 pm</p>	<p>27</p> <p><b>Men's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/3329368295">https://us02web.zoom.us/j/3329368295</a></p> <p><b>Women's Group</b> 10:00-11:30 am <a href="https://us02web.zoom.us/j/4115089393">https://us02web.zoom.us/j/4115089393</a></p> <p><b>Soup's on at 12:00</b></p> <p><b>Let's Celebrate Birthdays and Successes</b></p>	28
29	<p>30</p> <p><b>Let's Talk to the Director</b> 1:00 –2:00 pm</p>	<p>31</p> <p><b>Let's Get Brain Fit</b> 10:00-11:30 am <a href="https://zoom.us/j/4115089393">https://zoom.us/j/4115089393</a></p> <p><b>Aphasia Cafe</b> 1:30-3:00 pm</p>	<p> <b>NATIONAL BRAIN TUMOR AWARENESS MONTH</b> </p>			30